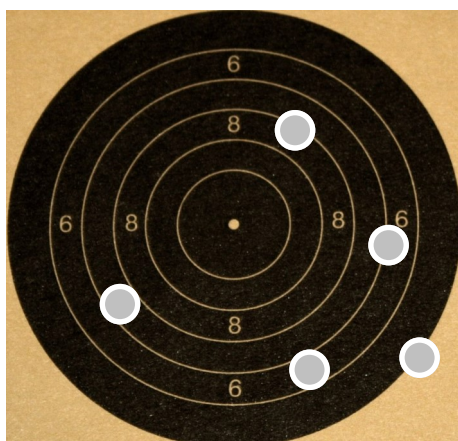


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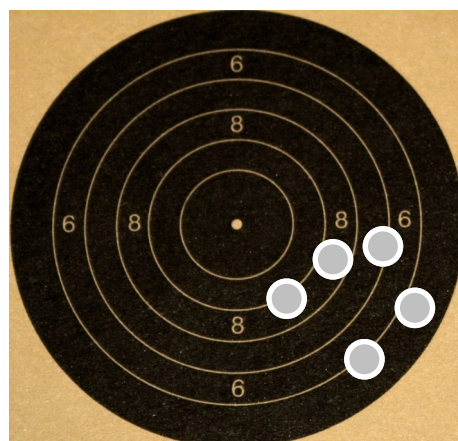
Information Sheet No. 5 Shooting Groups

Before shooters can progress to shooting cards for scores, they must be able to adjust their sights to position their shots in the centre of the target, It is therefore important to know where the their rifle is putting the shots in the target, and to find this, they must be able to shoot accurate groups.

A 'group' is a series of shots placed in one target, with the aim to get them in as small an area as possible



Above is a group shot by a begin-



ner

Above a better group

It is not important where the group is on the target, only that it is as small as possible. The sights can be adjusted to bring the group on to the centre of the target.

Procedure

Shoot a 5 shot group on a single diagram.

Get into the prone position with the rifle pointing towards the target, resting on the support.

When the position is correctly aligned the shooter should load and prepare to fire the shot.

Whilst aiming, the eye should be focused on the foresight element. The foresight should be visible with crisp edges and the target will be slightly 'fuzzy', but in the centre of the foresight.

Take care to release the trigger gently without moving the rifle. After you have fired the shot, remain stationary for about two seconds, (follow through), then check that the rifle is still pointing at the target as when you fired.

When you are able to shoot groups as the above right then you will be able to move on to your next stage in your training